

Reflecting on 15 Years of Building a BVMI for a Better Tomorrow



2023 ANNUAL REPORT

LEADERSHIP MESSAGE

Has it REALLY been 15 years already? At BVMI, we are all so very proud of what we've accomplished during that time, in large part thanks to the generosity of our donors, partners and selfless volunteers.

Since opening in 2009 as a primary care clinic, our team has provided high-quality healthcare for nearly 4,100 Bergen County residents who would otherwise suffer with chronic conditions, go without sick care and miss valuable work time they cannot afford to lose.

On average, patients have had 9.5 visits for a range of care services, from labs to case management and everything in between: primary, preventive, chronic and sick care. But the demand has steadily increased and patients' needs are growing more complex. Last year, we served 1,001 patients, many of whom came to us with increasingly varied, co-existing medical conditions that require more resources. Our donors have made remarkable things possible through the years, such as building a team of more than 15 in-house specialists. But the need is still great, with a waiting list of over 100 people and an underserved population in southwestern Bergen County.

To meet this skyrocketing demand, we are opening a second clinic in Garfield next year (read more about this on page 5).

The numbers on this page reflect the tremendous value we provide to our patients, with positively life-altering outcomes. To continue our mission, we ask you to share our important work with others, volunteer your time and donate to help us help more of our neighbors.

Together, let's keep the impact going as we build a BVMI that's prepared for the challenges of the future.

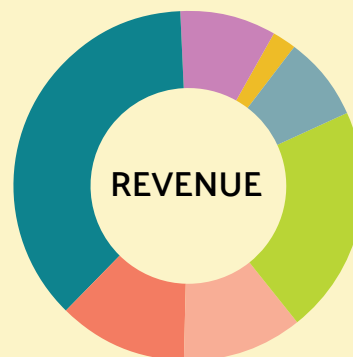
Sincerely,



Amanda Missey
President/CEO



Michael Faust, MD
Board Chair



- 37% Foundations & Corporations
- 21% Donated Services
- 12% Individuals
- 11% Donated Goods
- 9% Special Events
- 8% Government Grants
- 2% Other



- 80% Program
- 12% Fundraising
- 8% Management & General

A PROUD HISTORY OF MAKING A DIFFERENCE

Since BVMI opened in 2009, our clinicians and other volunteers have helped thousands of Bergen County residents receive vital healthcare services they would have otherwise done without. These numbers tell a compelling story about BVMI's impact on the community.

65

Patients
come from 65
municipalities
(out of 70)



1,930



From 2012 through
December 2023, our
Women's Health Initiative
served 1,930 individual
women across 7,966 visits

800



volunteers who've
provided \$6,950,715 worth
of services

4,093



total patients
served



898

patients have been served through
our Case Management program
since its establishment in 2020

87,760



total patient
visits



368

unique patients with
a diabetes diagnosis
have had a visit since
our Diabetes Prevention
program began in 2012

11,160 hours

donated by BVMI volunteers
in 2023, a \$692,245 value

BVMI Volunteers as of 12/31/2023

Alexandre Ackad, MD
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Thomas Ahlborn, MD
Soomin Ahn, RN
Stella Ahn

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Akua Amoah
Cheryl Amsterdam
Melissa Arroyo-Hernandez, RN, APN
Muhanad Aziz Oughali

Christine Barrett
Rebecca Baxt, MD
Alyssa Becker, MD
Cate Becker
Harsimran Bhandal
Nicole Biegun

15 years and counting

2009

BVMI Opens

Since our founding, we have served a total of 4,093 patients in 87,760 visits.



2012

Diabetes Program and Women's Health Initiative Are Established

- Since the Diabetes Prevention, Care and Education Program was established, BVMI has seen 368 diabetic and 1,013 pre-diabetic patients, representing 34% of all BVMI patients.
- Since its inception, the Women's Health Initiative has provided well care to 1,930 women.

2017

BVMI Lynn Diamond Healthcare Center

We opened our current home at 75 Essex Street to provide more health services to more people.



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Thanks to all of you, BVMI has grown to meet the demand for high-quality healthcare for Bergen County's uninsured.



2018

Korean Healthcare Program and Prevent Diabetes Programs Established

Our clinicians have treated 115 patients in more than 1,700 visits since the Korean Healthcare Program began.



2020 Case Management Program Established



2023

Bilingual Mental Health Services Offered

Additionally, BVMI reached almost 10,000 visits in a year, treating 1,001 people from 47 Bergen County towns.



COMING: 2025 BVMI@Unity Health in Garfield

Our second clinic will open to serve southern Bergen County.



Junanyelis Flores-Sanchez
Leonard Frank, MD
Jean Freck
Noel Friedland, MD
Marilynn Friedman
Susan Geltman, LCSW
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Sofia Giron

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Sunny Ko
Jessie Ko

2023 PROGRAM HIGHLIGHTS

Your support in 2023 helped us deliver these essential services.



DIABETES PREVENTION, CARE AND EDUCATION PROGRAM

One-half of all visits to BVMI were by individuals with diabetes and pre-diabetes. We served 365 diabetic and pre-diabetic patients in 4,869 total visits.

PRIMARY CARE

It costs \$2600 to treat one patient for an entire year, covering primary, preventive, chronic and sick care, lab work, and mental health and case management services. Compare that to a single ER visit for a Level 3 severe problem, which costs an average of \$2376 in our area.

1/2

Nearly one-half of all patients met with our case manager for help addressing food and housing insecurity, immigration concerns and more.



CASE MANAGEMENT

Thanks to our network of over 100 community organizations, we connect our patients to services that ensure that their overall well-being is addressed. These include issues related to food, rent or utility assistance, education and employment.

Susan Kollar, BSN
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Miriam Moctezuma



MENTAL HEALTH

Of the 137 people who received mental health services, some were seeing a therapist for the first time ever and many reported improvement after only a few sessions.

VOLUNTEERS

Let's not forget the impact our medical and general volunteers have! Over the past 15 years, our volunteers (clinicians, office help and others) have provided nearly \$7M in donated services. Learn how you can get involved at BVMI.org/Volunteer-Medical-General.

KOREAN HEALTHCARE

Visits by Korean patients nearly doubled over the prior year, thanks to our hiring of a patient navigator and outreach specialist for this program.



WOMEN'S HEALTH INITIATIVE

Through the WHI, we completed 370 mammograms and served 469 women. Seventy-two percent of our patients ages 40+ received a mammogram, compared to the national HEDIS benchmark of 51% completing one in two years.

+20%

The increase in total visits to our Women's Health Initiative over 2022.

Terriann Mohideen
Francesca Mojica
Maryann Monaco, BSN, RN
Jane Morais
Esther Nelson, RN
Elizabeth Noe
Daniel Nunez

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Patricia Ryan, BSN
Edwin Sanchez
Doris Sarokin

BVMI@UNITY HEALTH IN GARFIELD OPENING 2025

The need for quality healthcare among Bergen County's working, uninsured residents is growing quickly, especially in the southern part of Bergen County in Garfield and surrounding towns. That's why we are expanding access to free health care through a partnership with Unity Health. Through this partnership, we are building a second clinic to serve residents there.

There are 32,412 residents in Garfield. Although they represent only about 3% of the total Bergen County population:

19.1%

19.1% are uninsured, compared to 7.3% in Bergen County

14.8%

14.8% live in poverty, compared to 7.0% in Bergen County

\$72K

The median household income is \$72K, compared to nearly \$119K in Bergen County



When BVMI@Unity Health opens in 2025, we project

235

patients served

2,233

visits

Together with you, we stand committed to delivering on our mission every day, with comprehensive medical services and other services that support our patients' social determinants of health. As we finalize plans and begin construction, your donations will become a pillar of this project. You can read more about this Unity Health partnership at GreaterBergen.org/Unity-Health



Donate Today!



SCAN ME

Make your secure gift online at BVMI.org/Donate, text to give at 53555, or call (201) 518-8487. Or scan the QR code.

MISSION

Powered by passionate volunteers, BVMI delivers free, high-quality healthcare to Bergen County's working uninsured, helping them live healthy, productive lives.

Madeeha Shahzadi, MD
Marla Sherman
Sabina Sicklick
Ava Silverstein, MS, PT
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Katherine Southall, MD
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Marsha Eisen

"I've never shared this with anyone and never realized the effect on my life."

– Riva, at a mental health visit

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*"Thanks to you I got a school aide job at a
school in my town. Although getting this
job has been a long journey, I'm happy ...
and I want to express my gratitude."*
– Eun

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